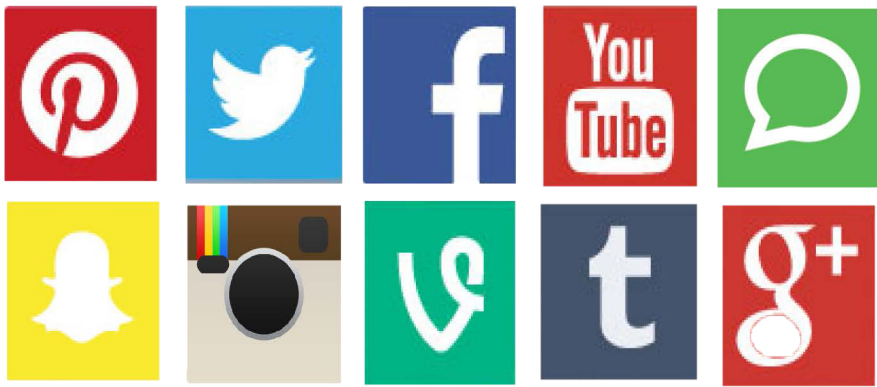


# Before you Post



**T-** *Is It True?*

**H-** *Is It Helpful*

**I-** *Is It Inspiring*

**N-** *Is It Necessary*

**K-** *Is It Kind*

Nothing Ever Goes Away!